

Fitting Instructions

1

Place the splint in hot water (approximately 80°C) for 30 seconds.

2

Seat in patient's mouth.

3

Get patient to bite forcibly on the splint to further mould fit for approximately 30 seconds.

4

Place moderate pressure around facial and buccal embrasures.

5

Remove appliance, run under cold water and check final fit in patient's mouth.

6

Patient should feel even contact in centric position.

7

Adjust if required.